

BCM पत्रिका

A Fortnightly Newspaper
पाक्षिक समाचार पत्र (VOL.55)



www.dugri.bcmschools.org

October 15, 2024 to October 31, 2024

Celebrating 20 Years of Excellence through ANVITA



Echoes of the Past, Vision of Tomorrow

Diwali Celebration



Embracing cultural heritage and creativity by celebrating the Festival of Lights





United Nations Day



Celebrating global unity and cooperation



National Youth Parliament Activity



Bcmites simulated debates and discussions covering pressing national issues

Kindergarten at a glance



Conquer the Ravan in you and win the war.



- **Boogie Woogie (Dance Competition)**

Every Dance tells a Story!!



- **Give for Good (Donation)**

Together, we can make a difference.



"Let's Light up our life with the joy of Diwali!"



Endeavour

BCM School Dugri Collaborates with City Needs Daan Utsav for a Noble Cause

BCM School Dugri, in collaboration with the Municipal Corporation Ludhiana, proudly participated in the City Needs Daan Utsav. The event aimed at promoting a spirit of kindness and generosity within the community by encouraging donations of usable items such as clothing, bedding, groceries, appliances, and toys. Students and staff members from BCM School contributed whole heartedly, collecting a substantial number of donations. On the final day of the drive, students along with teachers visited the Indoor Stadium, Pakhowal Road, to donate the collected items. This hands-on experience further reinforced the values of empathy and responsibility among the students. The school was also honoured with an Appreciation Certificate presented by S. Jasdev Sekhon, Asst. Commissioner, MCL.



Disaster Management Awareness Session

In preparation for the upcoming Diwali celebrations, the school organized an insightful session on disaster management for Class VIII students. This interactive workshop aimed to empower young minds with essential knowledge and skills to handle potential emergencies during the festive season. Mentor teacher Ms. Sukhwinder Kaur led the session, using a comprehensive PowerPoint presentation to educate students on various types of disasters and coping mechanisms. She shared vital tips on: - Safe fireworks handling - Fire safety protocols - First aid techniques Live demonstrations of first aid treatments for injuries during emergencies left a lasting impact on the students. She also emphasized the importance of responsible actions during crisis situations, ensuring students feel confident and prepared.



Parents' Corner

Parenting styles have changed over the generations, often influenced by societal beliefs and family backgrounds. My parents for instance, came from a small town with their own views on what was right or wrong. This sometimes led to strict punishments for mistakes.

Today many parents try to avoid repeating the harsh methods they experienced. Instead, they focus on their own values and aim to raise their children differently. Each generation learns from the past and seeks to improve which is quite normal.

However, society is changing rapidly now with new technology and many parents are working outside the home. This makes parenting more challenging than it was in the past, as children often have to take care of themselves now.

I believe it's hard to say whether modern parenting is better than traditional parenting. What works for one person might not work for another, even if that person is your own child. Every child is unique and recognizing this individuality is key to understanding different parenting styles.

At its core, the basic idea of parenting hasn't changed much. What has changed are the ways we approach it, how we accept different views, and the tools available to help us as parents.

Vandana Narang
M/o Tanvi Narang
XII Commerce C

Teachers' Corner

The Power of Discipline in a Student's Life

Discipline can transform a student's journey from ordinary to extraordinary by building habits that lead to success, focus and growth. Many inspiring personalities have shown how discipline helps achieve greatness:

Consistency like Sachin Tendulkar...

Sachin Tendulkar practised daily with discipline, becoming a cricket legend. His consistency reminds us that daily effort leads to big results.

Overcoming Challenges like APJ Abdul Kalam....

Dr. Kalam, India's "Missile Man," rose from humble beginnings through disciplined learning and perseverance. His life shows that discipline helps us overcome any obstacle.

Mastering Focus like Mahatma Gandhi..

Gandhiji led with non-violence and discipline, remained focused on his principles. His approach reminds us to stay true to our values and focus on what matters.

Daily Routine like Mary Kom

Boxer Mary Kom followed a strict routine, balancing her roles with discipline and focus. Her journey proves that routine can help us achieve our goals.

How to Practice Discipline:

Set small goals: Complete tasks like homework before evening activities.

Limit distractions: Create a quiet study space, away from phones.

Reward yourself: Recognize small wins to stay motivated.

By practicing discipline, everybody can achieve greatness just like these inspiring figures.

**Ms. Renu Grover
PGT English**



Students' Corner

STRONGER TOGETHER: A MESSAGE FOR OUR SCHOOL COMMUNITY

I just want to take a moment to share some thoughts as we navigate through school together. It's essential to recognize the power we hold as students. We're not just here to learn facts and figures; we're here to build skills, discover our passions and support each other along the way.

First of all let's make the most of our time in school. Every class, project, and discussion offers a chance to grow. Don't hesitate to ask questions or seek help from your teachers or classmates. Remember, we're all in this together and there's no shame in desire to learn more.

Next let's look out for one another. School can be tough and everyone has to face some challenges. A little kindness can make a big difference, whether it's lending a listening ear, helping someone with homework or simply sharing a smile. Together we can create a positive environment where everyone feels valued and supported.

Lastly, don't forget to take care of yourselves. It's easy to feel overwhelmed with assignments and exams but balancing your studies with activities you love is equally essential. Whether it's sports, arts or just spending time with friends, taking time for yourself matters for your overall well-being.

Let's make this school tenure memorable by encouraging each other and embracing our unique journeys. We have so much potential and together we can achieve amazing things!

Take care, and let's keep pushing each other to be the best version of ourselves.

Samar XII Com C

प्रमुख तथ्य

*स्टैच्यू ऑफ यूनिटी दुनिया की सबसे ऊँची मूर्ति है। स्टैच्यू ऑफ यूनिटी गुजरात के केवडिया के पास स्थित है। यह स्टैच्यू 182 मीटर (597 फीट) ऊँची है। स्टैच्यू ऑफ यूनिटी भारत के पहले उप प्रधानमंत्री और भारत के लौह पुरुष कहे जाने वाले सरदार वल्लभभाई पटेल की प्रतिमा है।

*एग्रीकल्चर लीडरशिप अवार्ड 2024 में नागालैंड राज्य को बागवानी में सर्वश्रेष्ठ राज्य के खिताब से सम्मानित किया गया है।

*भारतीय पुरुष क्रिकेट टीम का मुख्य कोच गौतम गंभीर को नियुक्त किया गया है।

*हर साल 15 जुलाई को विश्व युवा कौशल दिवस (World Youth Skills Day) मनाया जाता है।

*वृक्षारोपण जन अभियान 2024 के तहत 'मित्र वन' अभियान उत्तर प्रदेश राज्य द्वारा शुरू किया गया है।



Students' Achievements



**Believe in yourself and your abilities,
and you'll be unstoppable in pursuing your dreams.**

Sports Achievers

Event	Participants	Position
Basketball	Kartar Singh, Vaibhav Kalra, Gautam Gupta, Krish, Kevin, Lakshay, dipanshu, Kartik, Khushnoor, Simardeep, Japjot	II
Free Style Swimming(40m)	Aagastya(V Daisy)	I
Free Style Swimming (20m)	Rabnoor (III Aster)	II

G.S.Memorial Inter School Competition

Event	Participants	Position
Savanna secret	Class I students	Second Runnerup
Nation's Evolution	Gursharan Singh (V Lily)	Appreciation
Echoes of Expression	Class III Students	Appreciation
Space Exploration	Class IX Students	First runner up

Students' Achievements

Vagmita Competition

Event	Participants	Position
कुछ हम कहें कुछ तुम कहो (वीर रस कविता)	Driti Narang, Angel Chauhan(VIII Tulip), Prabhnoor Kaur (VIII Rose), Arnav (VIII Marigold), Harshant Singh (VIII lily)	II
Kahani Lekhan (Punjabi)	Balraj Singh IX tulip	II

GNE's APEX 2024

Event	Participants	Position
GK Quiz	Gurtej Kaur, Japleen Kaur, Anhad Sharma (IX)	I
Digital Identity	Soham Munjal(X)	I
Web Wizard	Gurjot Singh, Charankamal Singh(IX)	I
Logical Shuffle	Agam Maini	II
Rangoli Marvels	Ishita Rawat	III

The school earned overall 2nd position along with a cash price of Rs 7000

Career Insight

What are Vocational Courses?

Vocational courses enable people to work that requires technical knowledge along with artistic or practical skills. These courses do not focus on theoretical knowledge, instead, they are primarily designed to provide job-centred training for very specific fields. These include Healthcare, Mass Media, Designers, and Makeup Artists among others.

Vocational Courses After 12th

SEO (Search Engine Optimisation) Training

Digital Marketing, Photography, Fashion Design, Animation, Beautician Courses, Foreign Languages, Translation, Typing, Tax Practice and Procedure, Foreign Trade and Practices, Catering Services, Marketing & Advertising, Tourism Management, Communication and IT, Cinematography, Multimedia, Counselling Psychology, Computer Application, Office Management and Secretarial Practice, Small and Medium Enterprises, Materials Management, Management and Marketing of Insurance, Marketing Management and Retail Business, Human Resource Management, Journalism & Media Management, Hospitality, Catering, Travel, Tourism and Service Industry, Fashion Technology, Interior Design, Bakery and Confectionery, Jewellery & Accessory Design, Fashion Technology, Boutique Management, Interior Design & Styling, Multi-Cuisine Course, Diet & Nutrition, Sports Nutrition, Acting & TV Production, Media Programming, Non-Linear Editing (Final Cut Pro), Acting & TV Production, Documentary Film Making & TV Production, Development Journalism

Vocational Courses After 10th

Physiotherapy Technician, Medical Lab Technology course, Marketing & Salesmanship Accounting & Taxation, Office Assistantship, Insurance & Marketing, Banking & Financial Services, Hospitality Management Courses, Food & Beverage Services, Bakery & Confectionary, Craft Course in Food Production, Cookery, Housekeeping, Restaurant & Counter Service, Hotel Reception & Bookkeeping, Boutique Management, Jewellery Design, Sports Nutrition, HR Management, Retail Business, Animation, Robotics, Audio Technician, Insurance, Law



Exploration

ਸ੍ਰੀ ਅਨੰਦਪੁਰ ਸਾਹਿਬ

ਸ੍ਰੀ ਅਨੰਦਪੁਰ ਸਾਹਿਬ ਸਿੱਖ ਧਰਮ ਦੇ ਪੰਜ ਤਖ਼ਤਾਂ 'ਚੋਂ ਇਕ ਹੈ। 1965 ਵਿਚ ਸ੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਨੇ ਚੱਕ ਨਾਨਕੀ ਨਾਂ ਦਾ ਪਿੰਡ ਵਸਾਇਆ ਸੀ। ਗੁਰੂ ਜੀ ਨੇ ਚੱਕ ਨਾਨਕੀ ਇਸ ਲਈ ਚੁਣਿਆ ਕਿਉਂਕਿ ਇਹ ਸੁਰੱਖਿਆ ਪੱਖੋਂ ਠੀਕ ਸੀ ਤੇ ਇੱਥੋਂ ਦਾ ਵਾਤਾਵਰਨ ਵੀ ਸ਼ਾਂਤੀ ਭਰਪੂਰ ਸੀ। ਇਸ ਦੇ ਆਲੇ-ਦੁਆਲੇ ਜੰਗਲ, ਦੋਵੇਂ ਪਾਸੇ ਚਰਨ ਗੰਗਾ ਅਤੇ ਇਕ ਪਾਸੇ ਦਰਿਆ ਸਤਲੁਜ ਹੋਣ ਕਰਕੇ ਬਹੁਤ ਹੀ ਸ਼ਾਂਤਮਈ ਇਲਾਕਾ ਸੀ। ਇੱਥੇ ਧਾਰਮਿਕ ਅਤੇ ਰੂਹਾਨੀ ਮਾਹੌਲ ਭੰਗ ਨਹੀਂ ਸੀ ਹੋ ਸਕਦਾ। ਅੱਜ ਵੀ ਇੱਥੇ ਆ ਕੇ ਮਨ ਨੂੰ ਸ਼ਾਂਤੀ ਅਤੇ ਅਨੰਦ ਮਿਲਦਾ ਹੈ। ਸ਼ਾਇਦ ਇਸੇ ਕਰਕੇ ਇਸ ਦਾ ਨਾਂ ਅਨੰਦਪੁਰ ਸਾਹਿਬ ਪੈ ਗਿਆ। ਇੱਥੇ ਹੀ ਪੰਡਿਤ ਕਿਰਪਾ ਰਾਮ ਦੀ ਅਗਵਾਈ ਵਿਚ ਕਸ਼ਮੀਰੀ ਪੰਡਤ ਗੁਰੂ ਜੀ ਕੋਲ ਫਰਿਆਦ ਕਰਨ ਆਏ ਤਾਂ ਬਾਲ ਗੋਬਿੰਦ ਰਾਏ ਜੀ ਨੇ ਆਪਣੇ ਪਿਤਾ ਨੂੰ ਹਿੰਦੂ ਧਰਮ ਦੀ ਰਾਖੀ ਲਈ ਕੁਰਬਾਨੀ ਦੇਣ ਲਈ ਪ੍ਰੇਰਿਆ। ਇੱਥੇ ਹੀ ਦਸਵੇਂ ਪਾਤਸ਼ਾਹ ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਨੇ ਖ਼ਾਲਸੇ ਦੀ ਸਾਜਨਾ ਕੀਤੀ। ਸ੍ਰੀ ਅਨੰਦਪੁਰ ਸਾਹਿਬ ਗੁਰੂ ਸਾਹਿਬ ਦੇ ਪਵਿੱਤਰ ਚਰਨ ਕਮਲਾਂ ਅਤੇ ਸ਼ਹੀਦਾਂ ਦੇ ਖ਼ੂਨ ਨਾਲ ਪਵਿੱਤਰ ਹੋਈ ਥਾਂ ਹੈ। ਇਹ ਪੂਜਣਯੋਗ ਸਥਾਨ ਹੈ। ਇੱਥੇ ਗੁਰੂ ਸਾਹਿਬ ਦੀ ਯਾਦ 'ਚ ਬਹੁਤ ਸਾਰੇ ਗੁਰਦੁਆਰੇ ਹਨ।

ਕੇਸਗੜ੍ਹ ਸਾਹਿਬ ਇਹ ਅਨੰਦਪੁਰ ਸਾਹਿਬ ਦਾ ਸਭ ਤੋਂ ਮਹੱਤਵਪੂਰਨ ਸਥਾਨ ਹੈ, ਜੋ ਪੰਜਾਂ ਤਖ਼ਤਾਂ ਵਿਚੋਂ ਇੱਕ ਤਖ਼ਤ ਹੈ, 1699 ਨੂੰ ਵਿਸਾਖੀ ਵਾਲੇ ਇੱਥੇ ਹੀ ਗੁਰੂ ਜੀ ਨੇ ਖ਼ਾਲਸਾ ਪੰਥ ਦੀ ਸਥਾਪਨਾ ਕੀਤੀ ਸੀ। ਇੱਥੇ ਹੀ ਗੁਰਦੁਆਰਾ ਸਾਹਿਬ ਵਿਖੇ ਗੁਰੂ ਜੀ ਦੇ ਸ਼ਸਤਰ ਪਏ ਹਨ।

Mind Boggler

1. What has a mouth but cannot eat; moves, but has no legs; and has a bank but cannot put money in it?
2. The number 8,549,176,320 is a unique number. What is so special about it?
3. What is black when you get it, red when you use it and white when you are all through with it?
4. When can you add two to eleven and get one as the correct answer?
5. What number comes next in the following sequence?
2,4,8,10,20,---

Ans. key of vol. 54

1. A river bank
2. A joke
3. A bat
4. A squirrel
5. The letter ' C'
6. Snow